



HUMAN  
essentials

# Easy Lact *Plus*

Promotes healthy milk supply

Supports blood sugar metabolism

Supports overall health & well-being

**Directions:** Adults take one to two capsules daily, preferably with food or as directed by your doctor

Easy lact- plus is an all-natural dietary supplement that contains a blend of herbs that have been used for centuries by nursing mothers when a boost in breast milk supply is needed, including fenugreek and fennel seed.

**WARNING:**  
KEEP OUT OF REACH OF CHILDREN.  
DO NOT EXCEED RECOMMENDED DOSE.  
DO NOT PURCHASE IF OUTER SEAL IS BROKEN OR DAMAGED. When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant.

STORE TIGHTLY CLOSED IN A COOL, DRY PLACE.



Produced for:  
PCLQ Europe-Sweden  
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Dietary Supplement  
60 Capsules

## Supplement Facts

Serving Size :1 Capsule  
Servings Per Container: 60

Amount Per Serving	DV%
Fenugreek Seed Extract 305 mg	**
Milk Thistle Seed Extract 210 mg	**
Fennel Seed Powder 60 mg	**
Shatavari Root Powder 50 mg	**
Marshmallow Root Extract 50 mg	**

\*\*Daily Value not established

Other Ingredients: Gelatin, Rice Flour, Silica, Magnesium Stearate



GMP STANDARD

