**DIRECTIONS:** Adults take one capsule once per week, preferably with food or as directed by your healthcare practitioner. Do not exceed unless instructed by your healthcare practitioner. VITAMIN D3: functions as a hormone, a chemical messenger with widespread effects in the human body. It is important for optimal bone, cardiovascular, neuromuscular, and immune health. Adequate calcium and vitamin D3 throughout life, as part of a well-balanced diet, may reduce the risk of osteoporosis. WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. **KEEP OUT OF REACH OF CHILDREN. STORE IN A** DRY COOL PLACE









## Vitamin D

Super Strength Vitamin

The Sunlight Vitamin

**Promotes Bone Health** 

**Immune Health** 

Support Cardiovascular And Neuromuscular Health

**Dietary Supplement** 30 Capsules

## **Supplement Facts** Serving Size: 1 Capsule % Daily **Amount Per** Value Serving Vitamin D3 (as D3 50,000 IU 12,500% Cholecalciferol)

Other Ingredients: Gelatin (Plan source), Magnesium Stearate, Cellulose





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