

**Directions:** For Adults, take one capsule daily, preferably with a meal or as directed by your doctor.

Easy Iron is a necessary component of hemoglobin, the oxygen carrier in the blood, Easy Iron contains Iron Bis-Glycinate, a well-tolerated form of Iron that is gentle to your system.

**WARNING:** If you are pregnant, nursing or taking any medications, consult your doctor before use. **KEEP OUT OF REACH OF CHILDREN. STORE IN A DRY COOL PLACE**



Produced for:  
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HUMAN  
essentials

# Easy Iron

Promotes Red Blood Cell Production



Dietary Supplement  
100 Capsules

## Supplement Facts

Serving Size : 1 Capsule

Servings Per Container: 100

| Amount Per Serving | DV%          |
|--------------------|--------------|
| Iron Glycinate     | 28 mg 156%   |
| Vitamin C          | 60 mg 100%   |
| Vitamin B12        | 8 mcg 133%   |
| Folic Acid         | 400 mcg 100% |

\*\*Daily Value not established

Other Ingredients: Vegetable Cellulose, Dicalcium Phosphate, Magnesium Stearate.