

**DIRECTIONS:**

Adults take one to three softgels daily, preferably with food or as directed by your doctor.

EPA and DHA Omega-3 May reduce risk of coronary heart disease ,Helps to support healthy circulation

Many help to reduce blood pressure and triglycerides

May help to Reduce the likelihood of heart attack and stroke.

**WARNING:**

KEEP OUT OF REACH OF CHILDREN

DO NOT EXCEED RECOMMENDED DOSE

DO NOT PURCHASE IF OUTER SEAL IS BROKEN

OR DAMAGED

When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.



**MADE IN USA**

Produced for:  
PCLQ Europe . Sweden  
info@pclq-europe.com  
www.pclq-europe.com



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**AMERICAN**  
*Creations*

# Omega 3

1000 mg

- ✓ Cholesterol Free
- ✓ EPA
- ✓ DHA



30 Softgels  
Dietary Supplement

## Supplement Facts

Serving Size: 1 Softgel  
Servings Per Container: 30

	Amount per Serving	% Daily Value
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%
Polyunsaturated Fat	0.5 g	**
Cholesterol	0 mg	0%
Vitamin E	1.1 IU	3%
Fish Oil	1000 mg	**
EPA Eicosapentaenoic Acid	180 mg	**
DHA Docosahexaenoic Acid	120 mg	**

\*\* Daily Value not established

Other Ingredients:

Gelatin ( Plant source ) , Vegetable Glycerin, Food Glaze, Ethylcellulose,Enteric Coating (Sodium Alginate and Stearic Acid), Mixed Tocopherols, Vanillin.Contains fish (anchovy, mackerel, sardine)