

**DIRECTIONS:**

Adults take one softgel daily, preferably with food or as directed by your doctor.

Vitamin E is a potent antioxidant that helps fight free radicals. Studies have shown that oxidative stress caused by free radicals may contribute to the premature aging of cells. Vitamin E also promotes immune function and helps support cardiovascular health. Our Vitamin E is 100% natural and comes in a convenient to use softgel.

**WARNING: KEEP OUT OF REACH OF CHILDREN. DO NOT EXCEED RECOMMENDED DOSE. DO NOT PURCHASE IF OUTER SEAL IS BROKEN OR DAMAGED**

When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.



**HUMAN**  
essentials

# Vitamin E-1000 IU

Promotes Immune Function and Heart Health



**Dietary Supplement**  
**90 Softgels**

## Supplement Facts

Serving Size: 1 Softgel  
Servings Per Container: 90

	Amount per Serving	% Daily Value
Vitamin E (dl-alpha tocopheryl acetate)	1000 IU	3333%

\*\* Daily Value not established  
Other Ingredients: Gelatin, Glycerin, Purified Water



Produced for:  
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