

**DIRECTIONS:** For adults, take one (1) capsule in the morning before breakfast and one (1) capsule before dinner. Some individuals may consider a higher dosage of two (2) capsules in the morning before breakfast and two (2) capsules before dinner.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**WARNING:** If you are pregnant, nursing, taking any medications, planning any medical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

**AMERICAN**  
*Creations*

NATURAL  
**Glucose**  
SUPPORT

WITH BITTER MELON

HELPS MANAGE HEALTHY BLOOD SUGAR LEVELS

HELPS MAINTAIN HEALTHY INSULIN FUNCTION

DIETARY SUPPLEMENT  
30 CAPSULES



## Supplement Facts

Serving Size: 2 Capsules  
Servings Per Container: 15

Amount Per Serving	%Daily Value	
Magnesium	90 mg	22%
Chromium Picolinate	280 mcg	224%
Bitter Melon ( <i>Momordica charantia</i> )(leaf)	800 mg	**
Gymnema Sylvestre (leaf)	200 mg	**

\*\* Daily Value not established.

Other Ingredients: Gelatin ( Plant source )



Produced for.  
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